Preparing for your Telehealth Appointment

- You will need a smartphone, computer, or tablet that has a camera and microphone
- Make sure you have a good internet connection
- Be in a quiet, well-lit, and private space
- Be sure to log in a few minutes before your scheduled time

1. Your doctor should have sent you their personal room link. Click on the link.

   If you did not receive the link via email, open a web browser on your device (e.g. Google Chrome, Safari, Firefox). Enter your doctor’s personal room link in the web address bar and press enter.

   *call your doctor for his personal link if you do not have it

2. Type in your full name in the box, click “Check In.”

3. Click “Give access to camera and mic.” You are now in the waiting room. Your doctor will start the call.

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