



How to connect to your Telehealth Video Appointment

You will need a desktop/laptop computer that has a camera and microphone*

Make sure you have a good internet connection

Be in a quiet, well-lit, and private space

Be sure to log in a few minutes before your scheduled time

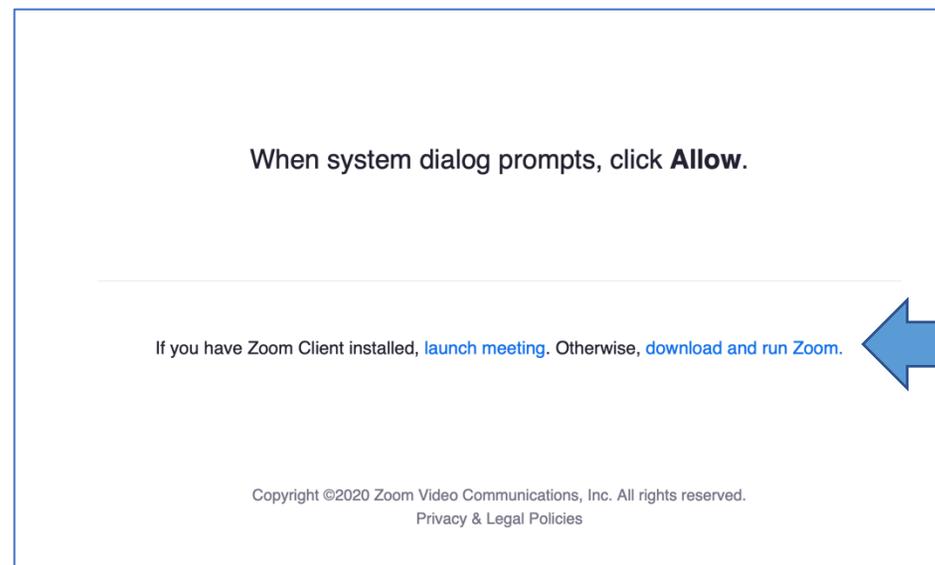


*If using a smartphone, iPad or tablet instead of a computer see Zoom instructions for smartphone, iPad, or tablet

How to download and use the Zoom desktop application for your telehealth visit

You do not need to create a Zoom account for your telehealth visit

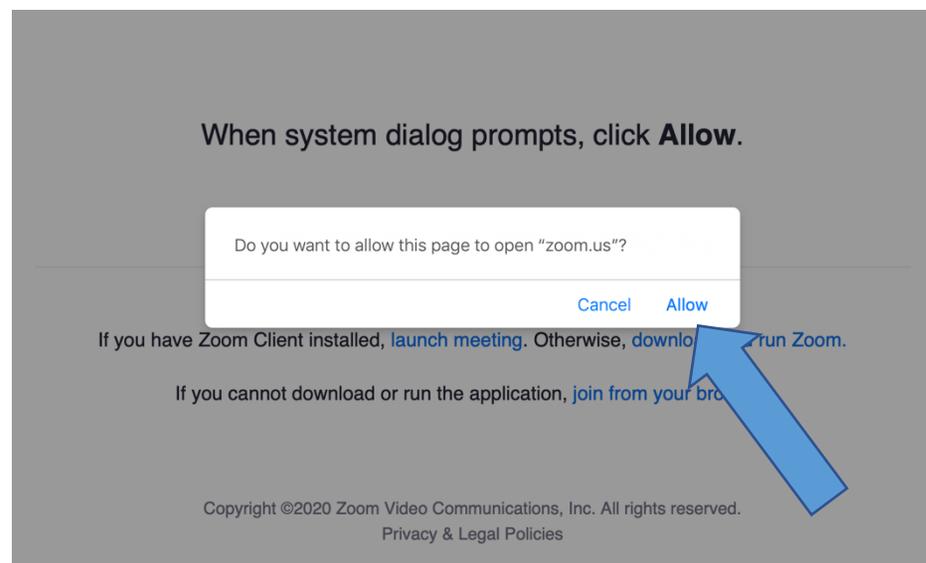
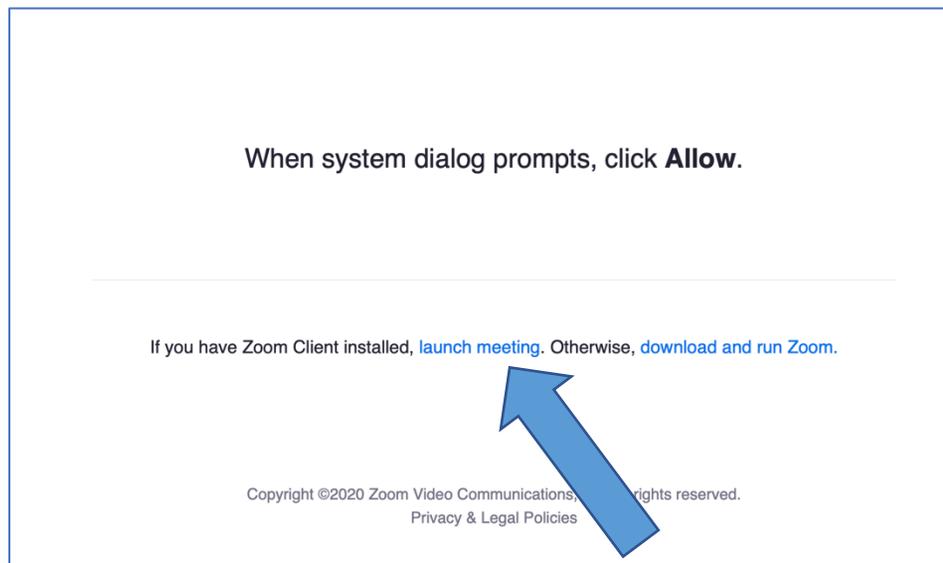
- Step 1** Your doctor should have provided you a Meeting Link for your telehealth visit. Click on the Meeting Link to join.
- Step 2** The link will open a Zoom launch page on your Internet browser. Click “download and run Zoom” to download the Zoom application.



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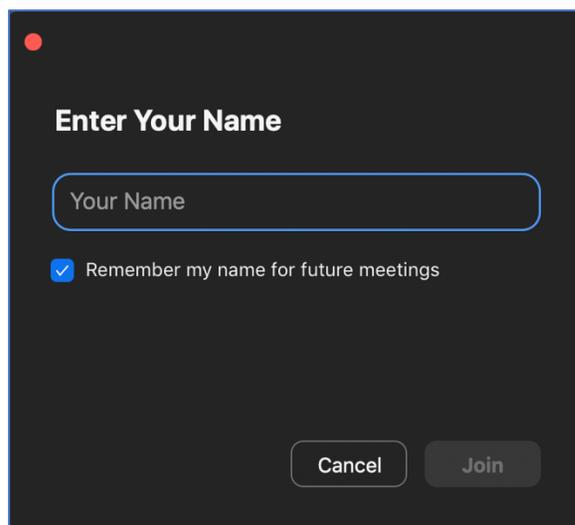
Step 3

Download the Zoom application to your computer or laptop. After download is complete, return to the Zoom launch page and click “launch meeting” and then click “Allow.”



Step 4

Enter your full name in the box and click “Join.”



Step 5

The Zoom application will open and your provider will let you in. You will be asked how to join audio. Click “Join With Computer Audio” to use your computer speakers and microphone.



You are now in your telehealth video visit. Make sure that your audio and video is on (the audio and video icons should look exactly like what is pictured below).

*Your provider may have enabled a waiting room. Please wait for your provider to let you in.

